



WEEK  
**TWO**  
MAY 2022

SMALL GROUP  
**K-5**  
STARTER

## TODAY'S SUGGESTED SCHEDULE

**NOTE:** This version of the curriculum is designed especially for churches with fewer leaders and kids. You may want to use it if you have just one or two leaders and if you combine all your kids in both Large and Small Group time.

### TODAY'S BIBLE STORY

#### Go the Distance

Peter and John Are Taken  
to the Sanhedrin  
Acts 3:1–4:21

### TODAY'S BOTTOM LINE

Keep going even when  
it gets tough.

### MONTHLY MEMORY VERSE

**"But those who trust in the LORD  
will receive new strength. They  
will fly as high as eagles. They will  
run and not get tired. They will  
walk and not grow weak."**

Isaiah 40:31, NIV

### MONTHLY LIFE APP

**Resilience—Getting back up  
when something gets you down**

### BASIC TRUTH

**I can trust God no matter what.**

### PRELUDE: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

### SMALL GROUP

**15**  
MIN

#### **SOCIAL: Providing time for fun interaction**

Early Arriver  
Opening Activity

### LARGE GROUP

**35**  
MIN

#### **STORY: Communicating God's truth in engaging ways** **WORSHIP: Inviting people to respond to God**

Welcome/Opener  
Worship ("Never Gonna Give Up" from *Make a Move* and  
"Hope Is Alive" from *Make a Move*)  
Bible Story  
Bottom Line  
Prayer  
Closer

### SMALL GROUP

**25**  
MIN

#### **GROUPS: Creating a safe place to connect**

Bible Story Review: Making Moves  
Application Activity: Bounce In!  
Memory Verse Activity: Onesies and Twosies  
Prayer Activity: Pray and Dismiss

### HOME: Prompting action beyond the experience

Parent Cue Card (Print or Email)  
Devotionals for Kids  
Parent Cue App



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**PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME**

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



*Before kids arrive, pray for each regular attendee by name. Pray for those who might visit your group for the first time. Pray that your kids would not be discouraged or give up when faced with something tough. Ask God to give them strength to bounce back from discouragement, whether it's having trouble getting along with a friend, struggling to learn to tie a shoe or hit a baseball, or continuing to do their best at school while things at home are tough. Ask God to show you opportunities where you can encourage your few.*

### TODAY'S BIBLE STORY

#### Go the Distance

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### MONTHLY MEMORY VERSE

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### MONTHLY LIFE APP

**Resilience—Getting back up when something gets you down**

### BASIC TRUTH

**I can trust God no matter what.**

### 1. EARLY ARRIVER

**WHAT YOU NEED:** Offering container, timer or timer app

**WHAT YOU DO:**

- Welcome kids to Small Group as they arrive.
- Invite kids who brought an offering to put it in the offering container.
- Challenge the kids to do various exercises for 30 seconds, then one minute, then five minutes.
- Time the kids while they do the various exercises.
- Some suggestions:
  - jumping jacks
  - hopping or standing on one leg
  - sit-ups
  - squats
  - arm circles
  - jogging in place



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**PRELUDE**      **SOCIAL**      **STORY**      **WORSHIP**      **GROUPS**      **HOME**

PROVIDING TIME FOR FUN INTERACTION  
15 MINUTES

### MADE TO EXPLORE

an activity that extends learning through hands-on experimentation and discovery



### 2. OPENING ACTIVITY

**WHAT YOU NEED:** Bouncy balls frozen in containers, various tools, tarp, bucket

*Note: This is a great activity to do outside!*

#### WHAT YOU DO:

- If doing this activity inside, put down the tarp and place the bucket nearby for ice pieces.
- Invite your kids to get in groups of four to five.
- Give each group a frozen block of ice and some tools.
- Encourage the kids to carefully excavate the bouncy balls from the ice.
- After all the bouncy balls are excavated, set them aside.

#### WHAT YOU SAY:

"Sometimes bouncing back takes a little work! *[Transition]* **Let's go hear about two people who had to bounce back from a big problem.**"

Lead your group to the Large Group area.

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### MONTHLY MEMORY VERSE

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### MONTHLY LIFE APP

Resilience—Getting back up when something gets you down

### BASIC TRUTH

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**PRELUDE      SOCIAL      STORY      WORSHIP      GROUPS      HOME**

CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### MADE TO IMAGINE

an activity that promotes empathy and facilitates concrete application through role-play and reenactment



### \* 1. MAKING MOVES [TALK ABOUT GOD | BIBLE STORY REVIEW]

**WHAT YOU NEED:** "Signs" Activity Pages taped in four corners or areas

**WHAT YOU DO:**

- Gather the kids in the middle of the Small Group area.
- Point out the four signs to the kids.
- Instruct the kids to rush to the sign when you call it out.
- After kids have followed your instructions, direct them to come back to the center.
- Call out the signs one at a time for practice, then start combining them. (Call out two signs at first then three.)
  - For example: Religious Leaders-Jail; Jail-Temple; Temple-Courtyard-Priests; Jail-Priests-Jail; Courtyard-Jail-Temple, etc.
- Play as long as time allows.

### TODAY'S BIBLE STORY

**Go the Distance**

Peter and John Are Taken to the Sanhedrin  
Acts 3:1-4:21

### TODAY'S BOTTOM LINE

**Keep going even when it gets tough.**

**WHAT YOU SAY:**

"In our Bible Story, Peter and John were traveling a lot! They went back and forth and back and forth, from the Temple to the Temple courtyards to the jail to the high priest and leaders, where they were questioned.

"Just trying to keep up would have been tough! But the most difficult thing about the ordeal was what the religious leaders told them to do: Stop talking about Jesus.

"Peter and John didn't listen though! They decided to **keep going even when it gets tough!** No matter where they had to go or what they needed to go through, Jesus' friends kept talking about the Good News that Jesus had come to rescue everyone. They were really dedicated to following Jesus, even when it meant bouncing back from a hard time.

### MONTHLY MEMORY VERSE

**"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."**  
Isaiah 40:31, NIV

"You might not have that kind of trouble, but there are times when following Jesus is difficult for all of us—like when we have to make a choice to do what's right instead of what's popular or when it's time to choose kindness when you just want to win an argument. That's when you have to decide that following Jesus is worth it and to **keep going even when it gets tough!**"

### MONTHLY LIFE APP

**Resilience—Getting back up when something gets you down**

### BASIC TRUTH

**I can trust God no matter what.**



CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO MOVE**

an activity that increases the oxygen in the brain and taps into the energy in the body



**2. BOUNCE IN!**  
[LIVE FOR GOD | APPLICATION ACTIVITY]

**WHAT YOU NEED:** Long jump ropes

**WHAT YOU DO:**

- Ask one kid to be the first to hold the other end of the jump rope.
- Line up the rest of the group shoulder to shoulder (if your group can fit along one jump rope).
- Swing the rope, with the other kid holding the far end, over the heads of the group. Start slowly and gently.
- Encourage the rest of the group to jump over the rope together.
- Give them a few tries to learn to work together with rhythm.
- See how many times in a row the kids can jump together.
- If the group has gotten really good at it, add another rope, Double-Dutch style.
- Allow some time for the kids to jump by themselves or in pairs.
- If your kids are familiar with Double-Dutch games, invite them to show you their skills!
- Make sure to alternate which kid turns the other end of the rope.
- To score some cool points and bond with your group, ask someone else to turn the rope, bounce on in, and jump a few rounds yourself! You might be awesome at it or just silly—but they'll love watching you try!
- Play as long as time allows.

**TODAY'S BIBLE STORY**

**Go the Distance**

Peter and John Are Taken to the Sanhedrin  
Acts 3:1-4:21

**TODAY'S BOTTOM LINE**

**Keep going even when it gets tough.**

**MONTHLY MEMORY VERSE**

**"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."**  
Isaiah 40:31, NIV

**MONTHLY LIFE APP**

**Resilience—Getting back up when something gets you down**

**BASIC TRUTH**

**I can trust God no matter what.**

**WHAT YOU SAY:**

"This is a bouncing skill that takes a lot of practice! You really have to **keep going even when it gets tough!** I'm glad we kept at it. That was a lot of fun!

"When have you had a tough situation where you thought about giving up and didn't want to keep going? *(Invite responses.)*

*[Make It Personal] (Share an age-appropriate time you kept going even when you wanted to give up. It could be learning a skill, finishing a big job around the house, or just keeping up an important relationship that requires effort.)*

"Think about our Bible story today. What might have happened if Paul and John had given up and stopped talking about Jesus? *(We all might not have ever heard about Jesus; God might have used other people; there might have been more trouble somewhere else.)* I'm glad they showed us how to **keep going even when it gets tough!**"

*Optional Discussion Questions for Older Kids*

- If you lead 4th, 5th, or 6th graders, consider asking these discussion questions:
- When have you given up when things got tough? How did that feel?
  - What is the biggest disappointment you've ever overcome or bounced back from?



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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO PLAY**

an activity that encourages learning through following guidelines and/or working as a group



**3. ONESIES AND TWOSIES**  
[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

**WHAT YOU NEED:** Jacks sets and Bibles

**WHAT YOU DO:**

- Create groups of two to three kids.
- Give each group a set of jacks.
- Demonstrate how to play.
  - Set the jacks in a small pile on the ground.
  - Bounce the bouncy ball once.
  - Scoop up a jack and catch the ball before it hits the ground. (That’s a onesie.)
  - The next round, scoop up two jacks on one bounce. (That’s a twosie.)
  - Be sure to empty your hands after each bounce.
- Invite the kids to play a few rounds.
  - Everyone plays for onesies, then twosies, then as many as they can get.
- Let kids play as long as time allows.
- Invite the group to gather with their Bibles.
- Look up Isaiah 40:31 together with navigation tips below.

**TODAY’S BIBLE STORY**

**Go the Distance**

Peter and John Are Taken to the Sanhedrin  
Acts 3:1–4:21

**TODAY’S BOTTOM LINE**

**Keep going even when it gets tough.**

**MONTHLY MEMORY VERSE**

**“But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”**

Isaiah 40:31, NIV

*Finding verses with a multi-age group:* Guide all kids to open their Bibles to the front and find the table of contents. Hold up a Bible opened to the table of contents to show the kids what the page looks like. When kids find the table of contents, ask a middle elementary kid (2nd–3rd grade) to find Isaiah in the list under “Old Testament.” When the kid finds Isaiah, lead them to look at the page number beside the word and say it. Explain that the number tells them on what page they can find Isaiah. Ask older elementary kids (4th–5th grade) to help younger ones find the correct page in their Bibles. When they all find Isaiah, explain that the big numbers on the page are the chapter numbers. Ask a kindergartner or 1st grader to find chapter 40. Give time for all kids to turn the pages to find it. Explain that the small numbers are verse numbers and ask a middle elementary kid to find verse 31 in chapter 40. Then, read the verse aloud slowly, especially for your pre-readers; or ask older elementary kids to read it to the group.

**MONTHLY LIFE APP**

**Resilience—Getting back up when something gets you down**

**WHAT YOU SAY:**

“Our memory verse reminds us that when we trust in the Lord, we can have a huge ability to bounce back and **keep going even when it gets tough.**”

“Our game required a lot of bouncing—and a lot of bouncing back! How many tries did it take you to get all the jacks (or as many jacks as they were able to get)? (Invite responses.) Were you tempted to give up? (Invite responses.)”

**BASIC TRUTH**

**I can trust God no matter what.**

“In real life, when we need some help bouncing back, what can we do? (Invite responses—pray, talk to our friends, journal, read the Bible, ask an adult or someone else who’s older and wiser.)”



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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

### (3. ONESIES AND TWOSIES, CONTINUED)

“God has given us the power of the Holy Spirit. God doesn’t leave us when things get hard but instead promises to help! We can trust that we can **keep going even when it gets tough**, because God will help us every step of the way.”



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CREATING A SAFE PLACE TO CONNECT  
25 MINUTES

**MADE TO REFLECT**

an activity that creates space for personal processing and application

**TODAY'S BIBLE STORY**

**Go the Distance**

Peter and John Are Taken to the Sanhedrin  
Acts 3:1-4:21

**TODAY'S BOTTOM LINE**

**Keep going even when it gets tough.**

**MONTHLY MEMORY VERSE**

**"But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak."**  
Isaiah 40:31, NIV

**MONTHLY LIFE APP**

**Resilience—Getting back up when something gets you down**

**BASIC TRUTH**

**I can trust God no matter what.**



**4. PRAY AND DISMISS**  
[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:** Bouncy balls from "Opening Activity"

**WHAT YOU DO:**

- Give each kid a bouncy ball that was excavated from the ice in "Opening Activity."
- Make sure kids know to keep them still and put them away until they head home.
- As you pass them out, say to each kid, "[Kid's name] remember this week to **keep going even when it gets tough!**
- Close your group time in prayer.

**WHAT YOU SAY:**

"Dear God, thank You for Your help so we can **keep going even when it gets tough!** Help us bounce back and keep following Jesus this week! We love You, and we pray these things in Jesus' name. Amen."

As adults arrive to pick up, make sure kids are using their bouncy balls responsibly before you let them go! Remind them that they can bounce back and **keep going even when it gets tough!**



## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW TO GET READY FOR THIS WEEK

### SOCIAL: PROVIDING TIME FOR FUN INTERACTION (15 MINUTES)

Welcome kids and spend time engaging in conversation and catching up. Get ready to experience today's story. **(Choose one or both of these activities.)**

#### 1. EARLY ARRIVER

*Made to Move: an activity that increases the oxygen in the brain and taps into the energy in the body*

**WHAT YOU NEED:**

- Offering container
- Timer or timer app

#### 2. OPENING ACTIVITY

*Made to Explore: an activity that extends learning through hands-on experimentation and discovery*

**WHAT YOU NEED:**

- Several small bouncy balls
- Large rectangular container of water or several smaller containers
- Small tools: metal spoons, chopsticks, screwdrivers (for older kids), etc.
- Tarp
- Bucket
  - Put the bouncy balls in the container(s) of water and freeze until solid.

### GROUPS: CREATING A SAFE PLACE TO CONNECT (25 MINUTES)

Create a safe place to connect and learn how the Bible story applies to real life experiences, through interactive activities and discussion questions.

**(Choose as many of these activities as you like.)**

*\* If you don't have time to do all these activities, be sure to do activity #1.*

#### \* 1. MAKING MOVES

[TALK ABOUT GOD | BIBLE STORY REVIEW]

*Made to Imagine: an activity that promotes empathy and facilitates concrete application through role-play and reenactment*

**WHAT YOU NEED:**

- Print the "Signs" Activity Pages on cardstock; one set for each small group
- Masking tape
  - Tape the signs on four corners or areas of your Small Group space.

#### 2. BOUNCE IN!

[LIVE FOR GOD | APPLICATION ACTIVITY]

*Made to Move: an activity that increases the oxygen in the brain and taps into the energy in the body*

**WHAT YOU NEED:**

- Long jump ropes; at least two for each small group (more for larger groups)

#### 3. ONESIES AND TWOSIES

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

*Made to Play: an activity that encourages learning through following guidelines and/or working as a group*

**WHAT YOU NEED:**

- Sets of jacks; one set for every 2-3 kids
- Bible

#### 4. PRAY AND DISMISS

[PRAY TO GOD | PRAYER ACTIVITY]

*Made to Reflect: an activity that creates space for personal processing and application*

**WHAT YOU NEED:**

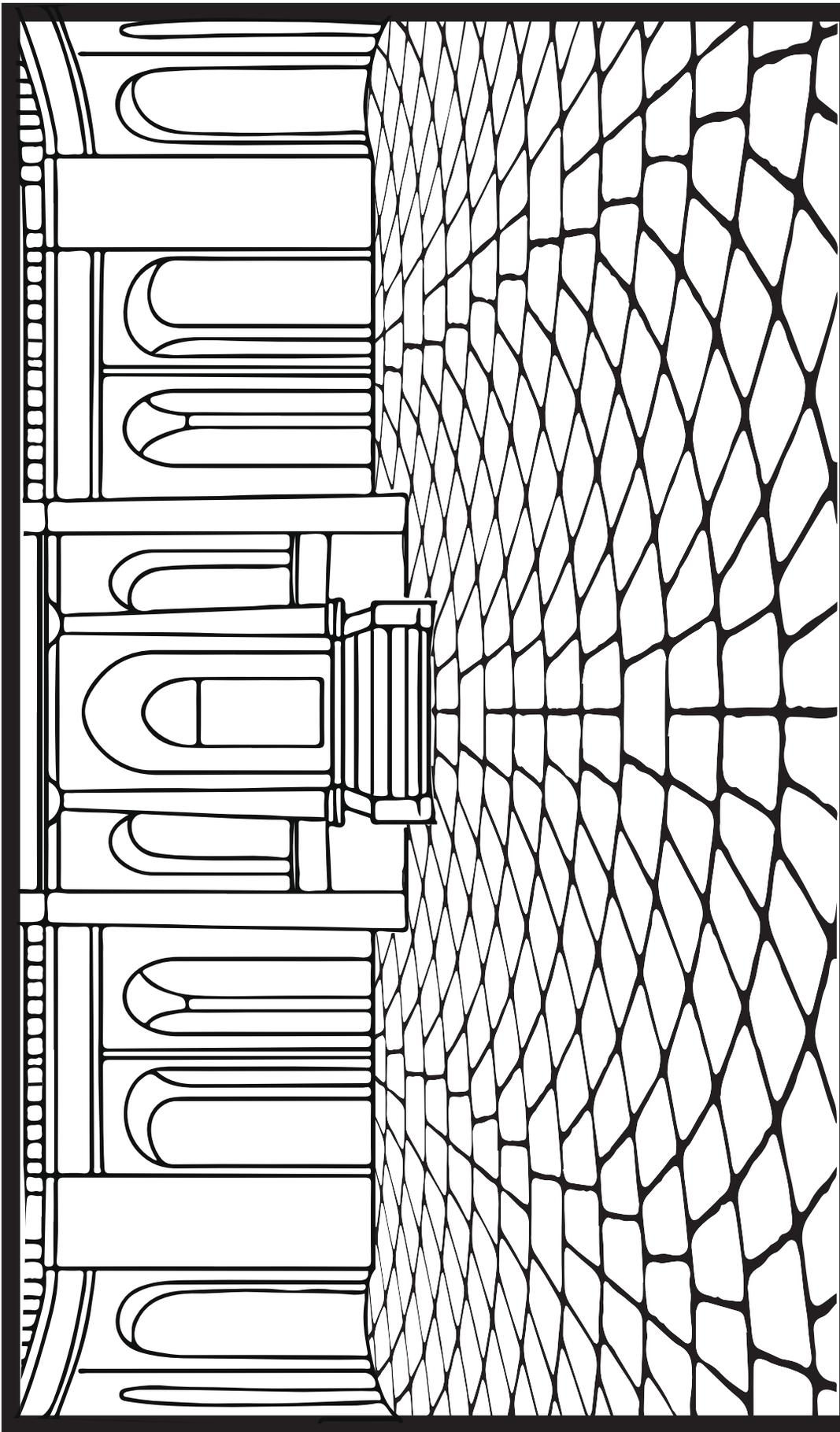
- Bouncy balls from "Opening Activity"

### HOME: PROMPTING ACTION BEYOND THE EXPERIENCE

- Print on cardstock or email this week's devotionals and Parent Cue cards.
- Tell parents about our additional family resource: **Parent Cue app.**

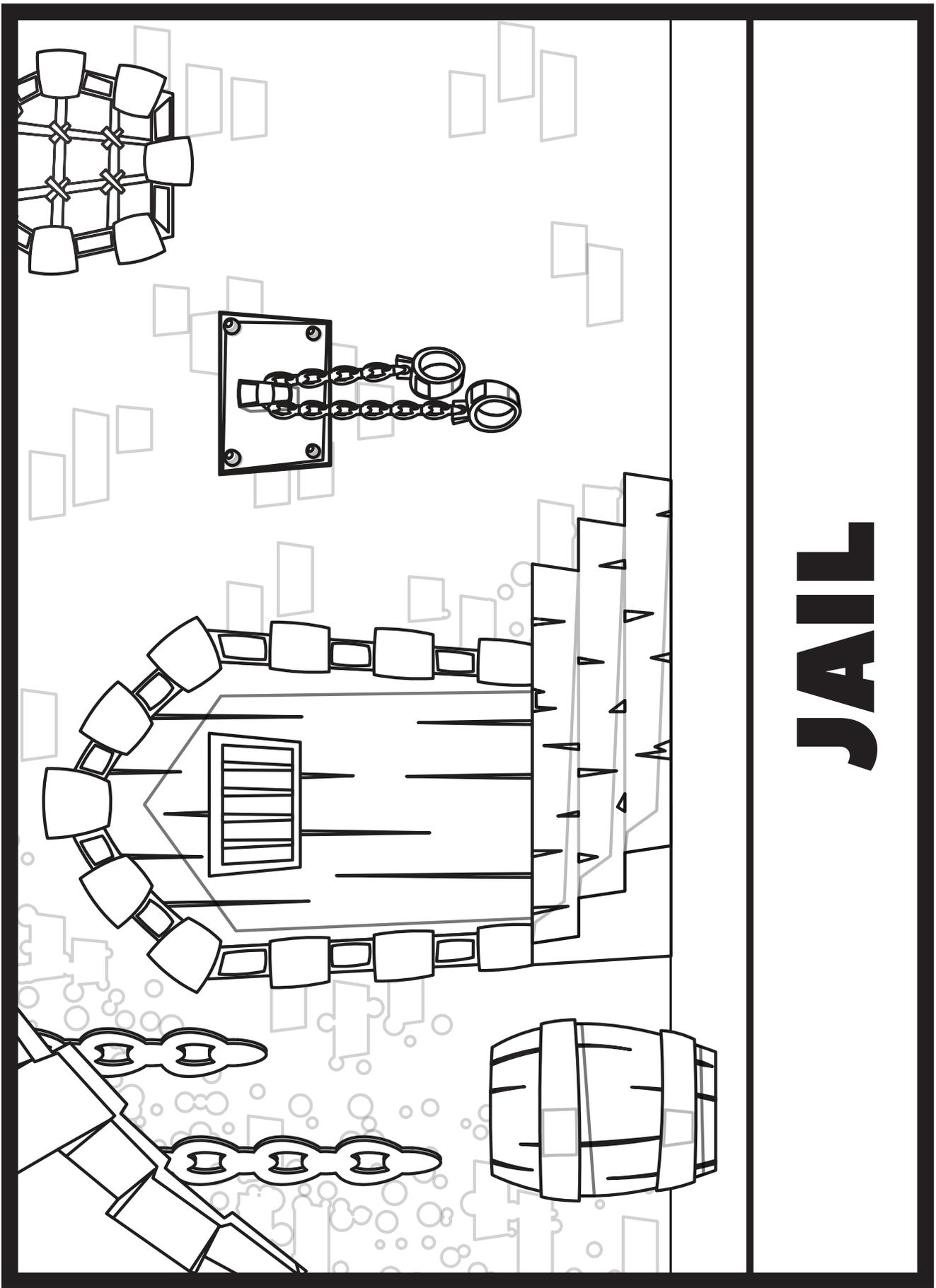


**What to Do:**  
Print on cardstock. Provide one set for each small group.



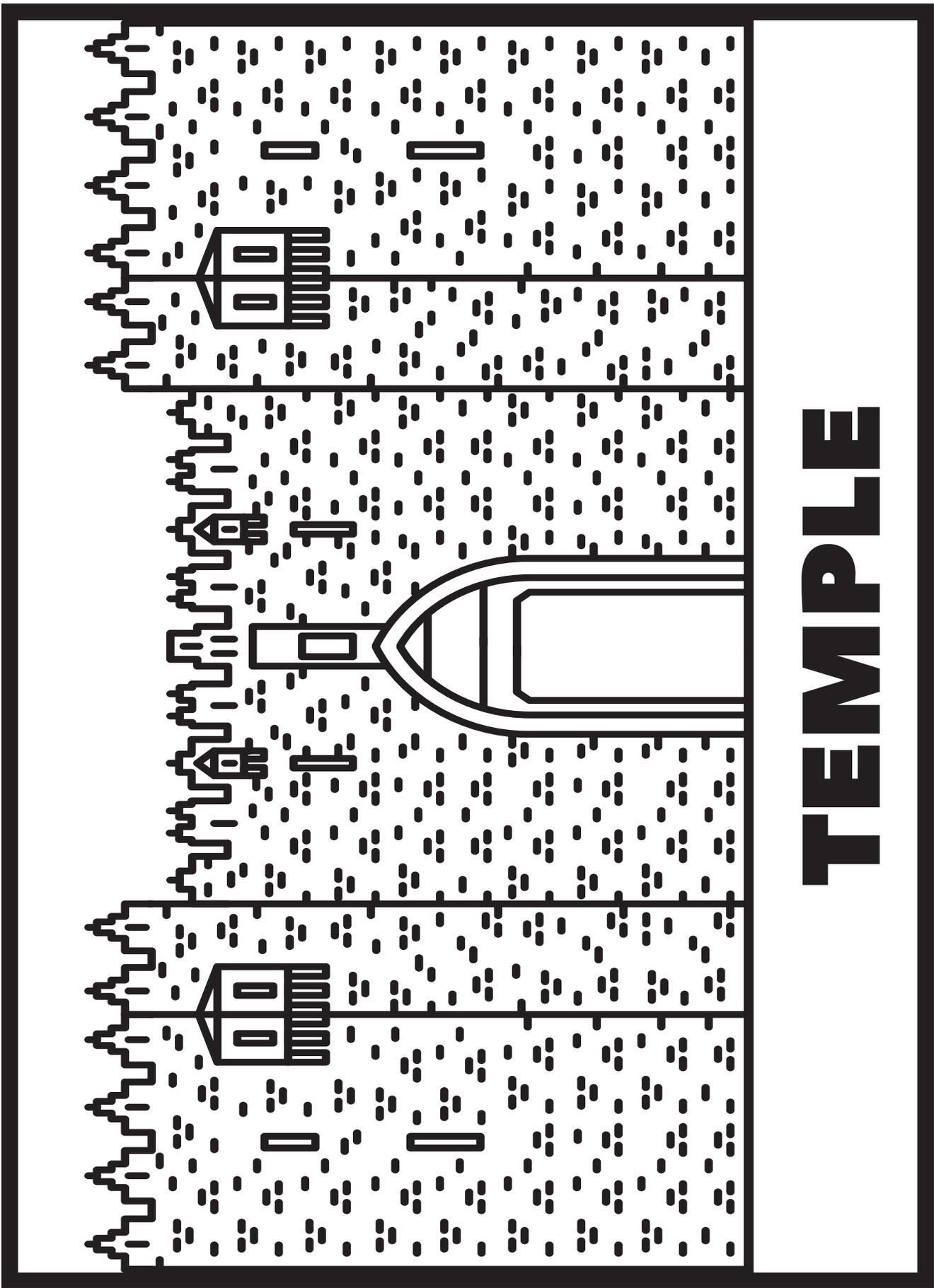
# COURTYARD

**What to Do:**  
Print on cardstock. Provide one set for each small group.



# JAIL

**What to Do:**  
Print on cardstock. Provide one set for each small group.



**What to Do:**  
Print on cardstock. Provide one set for each small group.